

Forsyth County Board of Health



- Dr. Linda L. Petrou, PhD, Chair
- Dr. James K. Doub, OD, Vice Chair
- Ms. Judy Briggs
- Mr. John Davenport, Jr., PE
- Ms. Carrie D. Fernald, RN, MSN, AGPCNP-BC, FCN
- Dr. Charles F. Massler, DDS, M.Ed.
- Dr. Willard L. McCloud, Jr., MD
- Dr. Scott E. Schroeder, DVM
- Mr. J. Phil Seats, R.Ph., MBA
- Dr. Ricky Sides, DC
- Ms. Gloria D. Whisenhunt, County Commissioner

BOARD OF HEALTH MINUTES September 3, 2014

MEMBERS PRESENT

Dr. Linda Petrou, Chair
Dr. James Doub
Ms. Judy Briggs
Dr. Willard McCloud
Dr. Scott Schroeder
Mr. J. Phil Seats
Dr. Ricky Sides
Ms. Gloria Whisenhunt

MEMBERS ABSENT

Mr. John Davenport
Ms. Carrie Fernald
Dr. Charles Massler

OTHERS PRESENT

Ms. Robin Downs, WSFCS, Guidance Counselor, West Forsyth High School
Ms. Kathy Jordan, WSFCS, Program Specialist, Safe and Drug Free Schools
Ms. Nancy P. Sutton, WSFCS, Program Specialist, Health and Physical Education

Call to Order:

On Wednesday, September 3, 2014, the Forsyth County Board of Health held its regularly scheduled monthly meeting in the Board Room at the Forsyth County Department of Public Health (FCDPH). Dr. Linda Petrou called the meeting to order at 5:31 p.m.

Consideration of Minutes:

The minutes of the August 6, 2014 Board of Health Meeting were reviewed by the Board. Dr. Petrou asked for a motion to approve the minutes. Ms. Gloria Whisenhunt made a motion to approve and Mr. J. Phil Seats seconded. The rest of the members agreed and the minutes were approved by the Board.

Public Comment Section:

Board Members, staff and guests introduced themselves.

At 5:37 pm, Dr. Petrou announced the meeting was going into a closed session so the Board could discuss the Health Director's yearly Performance Appraisal.

Closed Session:

Action Item – Health Director's Performance Appraisal

In order to evaluate the Health Director's performance over the past year, Dr. James Doub, Vice Chair asked Board members to complete an evaluation form that he would be emailing to them the next day. Board members were asked to complete the evaluation as soon as possible and return it to Dr. Doub so the scores could be tallied. Dr. Doub will complete the process by discussing the evaluation with Mr. Hunter. Once signed, the completed performance appraisal will be submitted to Human Resources.

Regular Meeting Called Back in Session:

After a 20 minute closed session the regularly scheduled meeting resumed at 5:57 pm.

Health Director's Position Description Questionnaire (PDQ) Review:

Board members reviewed/discussed the Health Director's PDQ and a couple of requests that the Board asked the Health Director to incorporate into his job duties for the upcoming year included:

- As secretary to the Board, the Board requested that Mr. Hunter develop a strategy to hold shorter Board meetings, if possible, not to exceed 1 to 1.25 hour.
- It was also requested that all Board members receive any emerging public health issues that are sent out to the community.

The discussion about his duties concluded with the Board asking Mr. Hunter how the reorganization of the department was going, in which Mr. Hunter responded everything was going fine and he is in the process of making adjustments in Internal Health Services.

Walk a Mile to Save Our Babies Event

Dr. Petrou announced the 5th Annual Walk a Mile to Save Our Babies Event coming up on September 23rd, 2014, at Centenary United Methodist Church, from 11:30 a.m. – 2:00 p.m. She urged all the members of the Board to attend, if they could. Dr. Petrou also asked Board members to review a letter regarding the event that will be going out to the community and will also be in the newspaper next week, from the Board of Health, showing their support of the event. After Board members reviewed the letter, Dr. Petrou asked if it was alright and all the members collectively approved for the letter to go out to the community and in the newspaper.

Step Up Forsyth

Dr. Petrou told Board members that Step Up Forsyth starts next week and encouraged them to go online and sign-up for the Board of Health's team called Board Walkers. When asked how many teams there were, Ms. Lynne Mitchell responded not everyone has signed up but in the past they have had about 100 teams.

Health Director's Comments - Mr. Marlon Hunter reported he will be attending the North Carolina Public Health Association (NCPHA) meeting in a couple of weeks in Wilmington, NC.

He announced the department has had its first case of pertussis for this school year and added we have been in touch with teachers and parents and letters have gone out. Lastly, Mr. Hunter spoke briefly about a meeting he and Dr. Ricky Sides attended at RJ Reynolds to have some discussions about tobacco and public health.

New Business:

Youth Risk Behavior Survey (YRBS) – Ms. Ayo Ademoyero announced she just recently presented the report to the Board of Education and introduced three guest speakers from the Winston-Salem Forsyth County Schools (WSFCS), Ms. Robin Downs, Guidance Counselor at West Forsyth High School; Ms. Kathy Jordan, Program Specialist, Safe and Drug Free Schools and Ms. Nancy P. Sutton, Program Specialist, Health and Physical Education. Ms. Ademoyero continued on and gave a very detailed presentation on the results of the 2013 Youth Risk Behavior Survey (YRBS) for Winston-Salem Forsyth County middle school students and high school students. She stated that the YRBS system was developed by the Centers for Disease Control and Prevention (CDC) in 1991 to monitor health risk behaviors and the survey is done every two years. She added it is also a good example of one of public health's essential services.

The survey was administered in 19 public middle schools in which 1,683 students completed the survey that consisted of 74 questions. The health risk behaviors that were monitored for the middle schools included: alcohol, tobacco and other drug use; psychological health; weight management & nutrition; physical activity; health education; personal safety; and violence-related behavior.

The survey was also administered in 19 public high schools in which 1,370 students completed the survey that consisted of 94 questions. The health risk behaviors monitored for high schools included: alcohol, tobacco and other drug use; personal safety; violence-related behavior; weight management & nutrition; physical activity; psychological health; and sexual behavior (copy of handouts on file in the Administrative Binder).

Ms. Robin Downs spoke about some of the activities they do at the school and how the results of the YRBS have had an impact. One particular activity she talked about was Rachael's Challenge, a national non-profit organization (Rachael Scott was the first shooting victim at Columbine in 1999). Rachael's family started the organization after seeing that Rachael had a heart for developing kindness and compassion in school and the community. The school systems have since introduced the Friends of Rachael Club and have tried to encourage Rachael's message of a caring, compassionate school. Ms. Downs added they have done a variety of activities that ultimately create a kindness culture that is great to be a part of. She feels that in creating these kind, caring and compassionate schools, you are helping kid's psychological well-being as well.

Ms. Kathy Jordan talked briefly about the strong substance abuse policies that are in place and can be found on the district website as well as each school's website). Ms. Jordan spoke about bullying saying it is the responsibility of anyone who sees bullying to report it. She added every child deserves to feel safe in school. Ms Jordan invited everyone to come out to the Bullying Prevention Walk Event being held on October 11th at the DASH (BB&T Ballpark) Stadium.

Ms. Nancy Sutton expressed her appreciation and said how grateful they are to have the health department behind them. She commended Ms. Ademoyero on what a great job she and others did in pulling the team together for the YRBS. Ms. Sutton spoke briefly about the issue of physical activity and how the schools try to encourage children to take more time to be physically active. She added that by using the information from YRBS, they have implemented some programs and done some planning that she feels addresses physical activity and getting kids going in a different direction. Ms. Sutton believes that a lot of the differences they are

seeing is due to the community – they have come to the rescue of the school system. Among other programs, she mentioned Behealthy School Kids, a health department health and nutrition program that Ms. Yalonda Miller got started in all the elementary schools. Ms. Sutton addressed the middle school data presented in the YRBS regarding health education, specifically sexual behavior - abstaining from sexual activity and about STIs (sexually transmitted infections). She added that it concerned her that those numbers had dropped and why students felt they were not receiving that information. As a result of this, there was more training for teachers last August and again in September and also new STI materials were bought. Ms. Sutton thought it was a good opportunity to take the information from the YRBS, share it with the middle school teachers and encourage them because they are required and expected to teach this information. She encouraged the teachers to emphasize the abstinence piece as well as the STI piece and make sure the students understand about STIs. Ms. Sutton went on to say they will continue to empower the teachers and students about physical activity and nutrition in the schools and to try to have the healthiest students possible.

Preparedness – Ms. Miller gave an update on Public Health Preparedness and announced that September is National Preparedness month. The mission of the NC Public Health Preparedness System is to promote and protect the public’s health before, during and after all-hazard events through an integrated public health preparedness system that is robust, resilient and scalable. Ms. Miller reported that the funds awarded this year to continue preparedness work in the county was \$55,515 and funding is contingent upon the agreement addendum deliverables. For the 2014 -2015 workplan, they are focusing on community preparedness and emergency public information and warning. Ms. Miller reported that we received an 88.2 on our Plan Review. Some of the public health incidents highlighted in June – July, 2014 were Chikungunya; Legionella Outbreak in a Winston-Salem Nursing Home; Douglas Battery Plant Lead Exposure at the School of the Arts; and Ebola Virus. Ms. Miller announced that the theme for September National Preparedness Month is: “Be Disaster Aware, Take Action to Prepare” and they will be sharing different resources every week throughout the month (copy of handout on file in the Administrative Binder).

Old Business:

None

Committee Reports:

Adjourn:

A request for a motion to adjourn was made by Dr. Petrou. A motion was made by Ms. Judy Briggs and seconded by Dr. Willard McCloud and Dr. Ricky Sides. The meeting adjourned at 7:20 pm.



Marlon B. Hunter
Secretary to the Board
MBH/lgc