

**INTRODUCTION TO AMOS COTTAGE THERAPEUTIC DAY PROGRAM and OUTPATIENT
COUNSELING SERVICES**



- Accredited and Licensed by State of NC Department of Health and Human Services, Division of Mental Health to provide day treatment services for children ages 3-7 with behavioral/emotional disorders. Outpatient counseling services supporting children ages 3-12. The program is part of the Department of Behavioral and Developmental Pediatrics with Atrium Health Wake Forest Baptist
- Program operates 5 hours daily Monday through Friday year- round 9:00AM-2:00PM.
- Credentialed by Local Management Entities within the region which include Cardinal Innovations, Partners, VAYA, and Sandhills
- The multi-disciplinary treatment team includes the following professionals:
 - *Clinical Social Worker credentialed to provide Trauma Focused CBT, PCIT/Parent-Child Interaction Therapy and Play Therapy;*
 - *Licensed Psychological Associate with extensive experience supporting children with severe behavioral challenges coupled with specialized training in Cognitive Behavior Therapy and current parenting practices which include SPACE/Supportive Parenting for Anxious Childhood Emotions;*
 - *Board Certified Music Therapist trained in music and neurologic-based music therapy methods;*
 - *Licensed Recreational Therapists utilizing activity-based interventions to address the assessed mental health needs of the clients as a means to stabilize behavior and develop core social and emotional competency skills;*
 - *Behavioral Specialists teaching from a therapy based curriculum targeting the development of pro-social behavior supporting eventual school transition.*
 - *Licensed teacher is also on site providing academic instruction following the NC Standard Course of Study.*
- Developmental and Behavioral Pediatricians from Wake Forest University School of Medicine are on site for consultation and medication management if deemed advisable.
- Professional therapy staff will provide training for classroom personnel when child is ready to transition back into his/her school setting.
- Transportation Services are available for eligible clients.
- Outpatient Counseling Services are provided on site by licensed clinicians who utilize creative yet highly effective counseling techniques specifically designed to support the 'younger' child and family.

United Way Partner Agency 

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